

St. Paul's Lutheran Church is partnering with Lutheran Social Services of Maryland to host certified dementia instructors from Carroll Lutheran Village to present:

# Understanding Dementia

February 6<sup>th</sup> at 1:30pm

St. Paul's Lutheran Church,  
14 W. Pennsylvania Ave. Walkersville

Inviting seniors, adult children of seniors, caregivers & friends to join in this **free** 90 minute session with time for questions.

To RSVP by Jan. 30<sup>th</sup> contact the church office,  
by phone 301-845-4600, email [info@saintpaulslutheranchurch.org](mailto:info@saintpaulslutheranchurch.org)

Presentation description:

Older people often feel that if they exhibit occasional memory lapses, they have dementia. The first half of the presentation will discuss how dementia differs from normal aging in areas such memory, concentration, decision making and chronological ordering. We will also discuss how specific physiological conditions may wrongly lead people to believe that a person has dementia.



The second half of the presentation addresses the issue of communication. Whether a person is diagnosed with Alzheimer's disease or another type of dementia, the ability to communicate gradually reduces. For caregivers, conversing with an Alzheimer's resident requires a great deal of patience and understanding. Our presentation will provide strategies and techniques, including how to approach the resident, the importance of nonverbal cues, what not to do when speaking with the resident, and the role of therapeutic fibbing.